



Frequently Asked Questions

AllergX[®] Allergy Defense Formula

WHAT IS ALLERG X[®]?

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AllergX is a great tasting, non-drowsy, natural lozenge used prior to and during allergy season. It is a new proactive option for people with seasonal and year-round allergies, as an alternative to OTC antihistamines and decongestants. AllergX was clinically shown to maintain healthy levels of key inflammatory chemicals linked to allergy symptoms such as sneezing, nasal congestion, and runny nose.

What is different about AllergX[®]?

AllergX is a new product in class of its own. In contrast to commonly marketed antihistamines for allergy treatment, AllergX is intended to work prior to the release of histamines by lowering IgE levels and, in turn, lessening allergy symptoms such as sneezing, nasal congestion, and runny nose.

Is AllergX[®] all natural?

Yes. AllergX is an all natural formula.

Does AllergX[®] cause drowsiness?

AllergX is 100% free from side effects such as drowsiness. In contrast to antihistamines which affect the parts of the brain involved in wakefulness and sleep, thereby causing sedation and drowsiness, AllergX is completely different and works prior to the release of histamines.

Most traditional antihistamines may cause drowsiness at low doses. Other, newer antihistamines often claim to be “non-drowsy”, but are non-drowsy only at low doses. Taking enough of any antihistamine may cause drowsiness and impair function.

Has AllergX® been clinically studied?

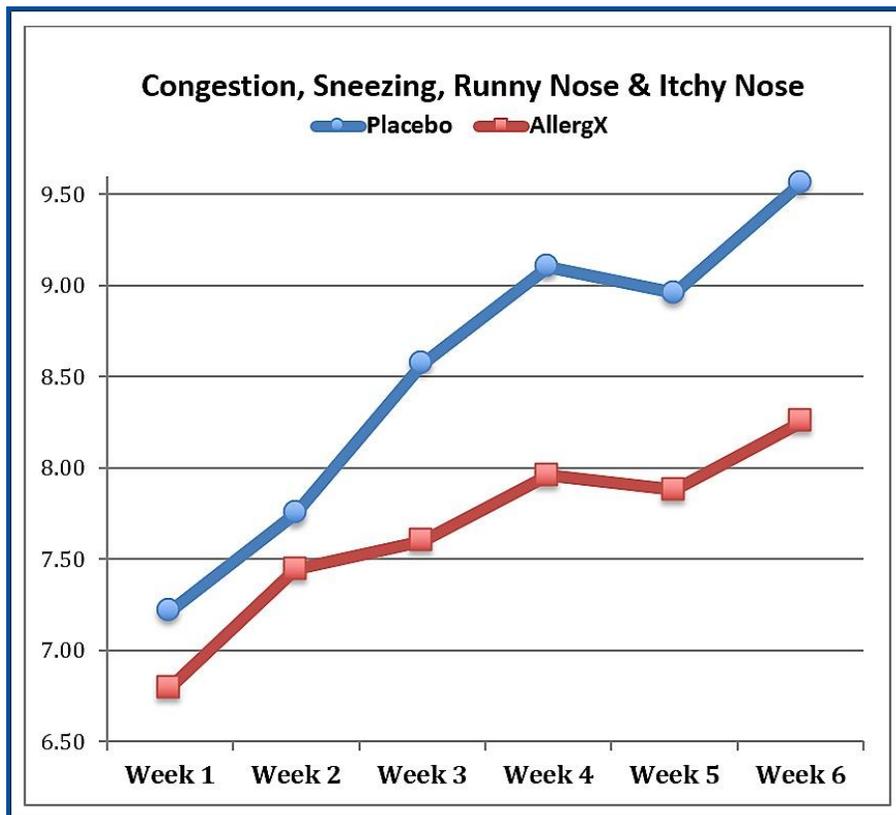
Yes. The main ingredient in AllergX has been tested by leading board-certified allergists in the US in clinical trials with FDA-compliant protocols on approximately 2,500 allergic individuals.

The table below summarizes the results of the above-referenced study, showing the incidence of nasal congestion, sneezing, runny nose, and itchy nose between the group which received the active ingredient in AllergX (the red line), and the group which received placebo (the blue line).

LOWER SCORES indicate LOWER reporting of these symptoms.

LOWER RESULTS MEAN FEWER SYMPTOMS (BETTER).

SUMMARY OF ALL NASAL SYMPTOMS REPORTED:



If you would like more detailed information about the clinical research and results, please contact us at: info@allergx.com.

Is AllergX® safe?

Clinical studies using AllergX found no unwanted side effects when compared with the placebo. There are no known bad side effects associated with AllergX. The FDA has written to the inventor of AllergX that it has "no safety concerns with the systemic administration" of the main ingredient in AllergX.

How does AllergX® work?

Allergy symptoms occur when your body is exposed to various allergens, which are harmless to most people – like pollen, pet dander and dust – but an allergic response (i.e. reaction) occurs only in people whose immune system is "out of balance". By "out of balance" we mean there is more activity of cells that *aggress* allergens and provoke the allergic response than activity of cells that *suppress* the allergic response. Studies have shown that the primary ingredients in AllergX (cobalamins) can correct or rebalance the aggressor cell to suppressor cell ratio to one that is more like that of a non-allergic person.

Accordingly, Board Certified Allergist and AllergX investigator Dr. Paul H. Ratner, MD has stated: *"Allergies are NOT normal. By regulating the over-production of IgE antibodies naturally, AllergX helps restore your body's normal response to seasonal and year-round allergens, which is **NO ALLERGIC RESPONSE AT ALL!**"*

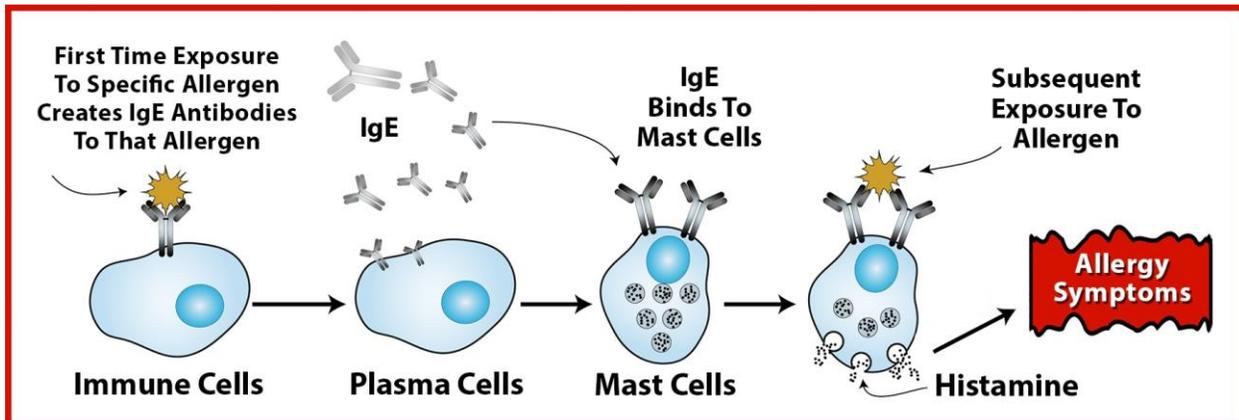
Board Certified Allergist and Immunologist Dr. Stanley Goldstein, MD stated: *"Everyone lives with pollen, pet dander and other allergens. Yet some persons have adverse reactions. AllergX helps restore a normal response to harmless allergens, which is no allergic response."*

What is the role of IgE, mast cells and histamine in the allergic response?

When an allergic individual first comes in contact with an allergen (such as ragweed pollen) he or she makes large amounts of the IgE antibody to that allergen.

These IgE molecules attach themselves to mast cells and, in subsequent exposure to ragweed pollen, the mast cells (which are already primed with ragweed IgE) explode and release inflammatory chemicals including histamine and cytokines into the body. The body's reaction to histamine and cytokines in the system causes the characteristic symptoms of allergy.

The diagram below illustrates the allergic pathway:



Board Certified Allergist and AllergX investigator Dr. Lyndon E. Mansfield, MD has stated: "IgE is one of the key antibodies that triggers the allergic response. Reducing IgE levels in your body, and keeping them low, reduces the chance of histamine and other allergy-provoking chemicals being released."

Can AllergX® regulate IgE levels?

AllergX was clinically shown to effectively maintain healthy IgE levels which have been linked to allergy symptoms such as sneezing, nasal congestion, and runny nose.

Is AllergX® an antihistamine?

AllergX is a *pre*-histamine which means it regulates the release of histamine *before* it is released into the system. In fact, AllergX is the world's only pre-histamine.

What is the root cause of allergies?

The human immune system is designed to protect the body from dangerous foreign substances such as viruses and bacteria; but in people who have allergies, the immune system launches a hypersensitive immune reaction to otherwise harmless allergens such as pollen, mold spores, grasses, weeds or protein on pet hair (pet dander). Allergies are an abnormal immune reaction.

This hypersensitive reaction is the result of an imbalance in aggressor cells (also called TH2 cells) relative to suppressor cells (also called TH1 cells) which leads to a premature release of histamines. These histamines will act on different areas of the body (eyes, throat, nose, skin or lungs) to produce symptoms of an allergic reaction.

Antihistamines work to mask allergy symptoms, but do not treat the underlying cause. Preventive treatments, such as corticosteroids and montelukast, aim at suppressing mast cells. AllergX, in contrast, works at the root of the imbalance, that is, by maintaining healthy IgE levels.

If you would like more information about the science of allergies, please contact us at: info@allergx.com.

How long does it take?

Clinical tests have shown that AllergX can begin lowering IgE levels as quickly as one week, although the standard time required for full effect can be up to four weeks. It is recommended to start taking AllergX as soon as possible before your allergy season begins and continue throughout allergy season.

For those with year-round allergies, such as to pet dander, dust or molds, AllergX should be taken daily throughout the year to maintain healthy IgE levels.

What is the difference between seasonal allergies and year-round allergies?

In essence there is no difference between seasonal (outdoor) and year-round (indoor) allergies. They are both a result of an allergic individual's exposure to allergens, just different ones occurring at different times.

Seasonal allergies are most often a reaction to pollen and year-round allergies to pets.

Is AllergX® recommended for food allergies?

No. Food allergies can be extremely serious and potentially life threatening. AllergX is not intended for people with food allergies. If you have food allergies, we recommend you speak with your physician.

Is AllergX® recommended for asthma?

No. Asthma can be extremely serious and potentially life threatening. AllergX is not intended for people with asthma. If you have asthma, we recommend you speak with your physician.

What's in AllergX®?

The principal ingredients in AllergX are a complex of cobalamins (cyano-, methyl-, and adenosylcobalamin). These are specifically selected amounts of pharmaceutical grade analogues of vitamin B12 – one of the most tested and safest products in the world. Cobalamins are the only chemical containing cobalt, and it is the unique electromagnetic properties of cobalt that make it indispensable for a healthy immune system.

HOW IS ALLERGX® USED?

What time of year should I begin taking AllergX®?

Use AllergX prior to exposure to pollen, mold or pet dander. It is recommended that AllergX be taken at least one to three weeks prior to the expected start of pollen season in your area, or as soon as possible.

How do I take AllergX®?

AllergX is a great tasting lozenge that you dissolve under your tongue or in your mouth and then swallow twice a day. You can take AllergX with or without food.

For best results, and to get the proper amount in your system, you should use one lozenge in the morning, and one more in the late afternoon or early evening. Please allow several minutes for AllergX to dissolve in your mouth before swallowing.

What if I miss a dose?

If you do miss a dose, take the next lozenge at your earliest opportunity; it is not recommended that you double up.

How long should I use AllergX®?

It is recommended to take one AllergX lozenge twice a day throughout your allergy season, or if you have year-round allergies, take AllergX throughout the year. However, since even seasonal allergens like pollen, dust, and pet dander are present all year long, many people take AllergX every day.

Should I use AllergX® every year?

AllergX should ideally be taken every day for at least a few weeks prior to the onset of each allergy season in your area, and throughout allergy season.

Is AllergX® safe for kids to take?

Like any medication or health supplement, AllergX should not be given to children under the age of twelve (12) years without the recommendation of a physician.

Can I take AllergX® if I am taking antihistamines?

AllergX has no known contraindications with OTC or prescription medications. AllergX is not intended as a treatment for acute allergy reactions, as it is intended to naturally regulate the body's over-production of IgE which is the real cause of allergies.

OTHER QUESTIONS ABOUT ALLERGX®

How is AllergX® sold?

AllergX is an all natural, non-drug formula sold online (at www.AllergX.com and on Amazon) without the need for a doctor's prescription.

Who makes AllergX®?

AllergX was invented by Ernest T. Armstrong, who is the founder of Exposure Scientific, LLC. AllergX is manufactured in FDA-registered, cGMP facilities in California, USA.

Is AllergX® a pill, liquid or spray?

AllergX is a cherry-flavored lozenge that you dissolve under your tongue and in your mouth, and then swallow. Each box of AllergX contains 60 lozenges, a one-month supply.

Is there any lactose, gluten, sugar or aspartame in the lozenges?

AllergX contains Xylitol, but is gluten free, wheat free, sodium free, and contains no aspartame or other artificial sweeteners.

Does AllergX® contain pseudoephedrine?

No. AllergX is pseudoephedrine free.

Is AllergX® suitable for low carb or low salt diets?

Yes. AllergX is completely sodium free.

Is AllergX® suitable for vegetarian diets?

Yes. AllergX is a vegetarian product.

Is AllergX® safe for pets?

No. AllergX should not be given to any pet (dog, cat, etc.) because it contains Xylitol, a substance found in many food products that should never be given to a pet. However, if your pet has allergies, we will be launching AllergX for pets in the near future.

Do you offer a money back guarantee?

Yes. If you are unsatisfied with AllergX at any time, return your unused portion to the company for a full refund within 90 days of purchase. Details can be found at: www.AllergX.com.

Should I speak with my doctor about AllergX®?

Yes. AllergX is a brand new product to market, and we are just beginning to educate physicians around the country to the benefits of AllergX. We would be pleased to send your physician scientific information about AllergX if you would provide us his or her name and address. You may email us at any time at: info@allergx.com.

Where can I read more about the science behind AllergX®?

You can find out more at www.AllergX.com.

If I have a specific question about AllergX®, whom can I ask?

Contact us at info@allergx.com.

Media Contact: Propheta Communications
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